

**See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.**



An Act of Spiritual Communion.

My Jesus, I believe that You are present in the Most Blessed Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace You as if you were already there,

and I unite myself wholly to You.

Never permit me to be separated from You.

(Saint Alphonsus Liguori)

Prayer to St. Michael

St. Michael the Archangel,
defend us in our daily battle; be our safeguard against
the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O
Prince of the heavenly host, by the power of God thrust
down into hell

Satan and all the other evil spirits who prowl throughout
the world seeking the ruin of souls. Amen.

✠ *Our Lady of Lourdes* ✠ *Pray for Us*

✠ *St. Theresa* ✠ *Pray for Us*

✠ *St. Anthony* ✠ *Pray for Us*

Confession
& Absolution

Confessions

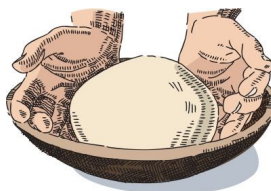
**Available after every weekday and
Saturday Vigil Mass or by advanced
booking.**

**Exposition of the Blessed
Sacrament**
30 minutes before Weekday Mass

Anointing of the sick
In cases of emergency only.

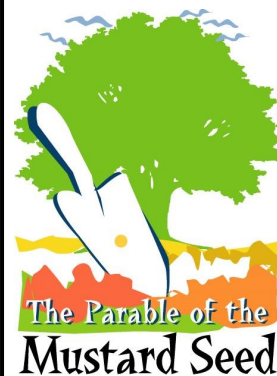
BE A SUBJECT OF THE KINGDOM OF GOD!!!

Today in the Gospel, Jesus gives us another parable to demonstrate what the kingdom of God is like. He says that a man went out to his field and sowed good seed and while everyone was asleep his enemy went and sowed darnel. When the servants of the owner of the field noticed it, they went to their master and asked for permission for them to go and uproot the darnel but the master replied "No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: first collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn" (Matthew 13:29-30). By way of explanation, Jesus says that the Sower of the good seed is the Son of Man. The field is the world; the good seed is the subjects of the kingdom; the darnel, the subjects of the evil one; the enemy who sowed the darnel is the devil; the harvest is the end of the world; the reapers are the angels. This parable reminds us that the devil is always there to distract us from being subjects of the kingdom. No wonder Jesus says that "the thief comes only to steal and kill and destroy" (Jn 10:10). Hence, St Peter advises us to "keep sober and alert, because your enemy the devil is on the prowl like a roaring lion, looking for someone to devour" (1 Pet 5:8) and so he encourages "Stand up to him, strong in faith" (1 Pet 5:9). Again, this parable reminds us that the world is full of good and bad people. Therefore, don't expect a perfect world even in the church of God. Always bear in mind that the church is made up of saints and sinners. So, do not get frustrated when it seems that evil is thriving in the world. Furthermore, the master didn't allow his servants to uproot the darnels lest they uproot the wheat because they look alike, so it is with human beings. Sometimes it is difficult to decipher between good people and bad people. Thus, you might make the mistake of condemning a good person and glorifying a bad person. Little wonder, Jesus asks not to judge so that we shall not be judged. Therefore, learn how to be less judgmental. Going further, this parable teaches us patience. The master instructed his servants to allow both the wheat and darnel to grow together until the harvest time. God is teaching us to be patient with others as He is always patient with us. Patience is a wonderful virtue! Finally, the harvest



The Parable of the Leaven

time stands for the end of time when the bad will be separated from the good. So, try your best to be good and do good knowing too well that at the end the bad people will be condemned eternally. Therefore, be a subject of the kingdom by living a good and holy life. I wish you a blessed Sunday!



The Parable of the Mustard Seed

FR BEDE

St Theresa's and Our Lady of Lourdes with St Anthony's

Parish Priest: Fr. Bede Dike | Parish Office Tel: 0114 248 6102



Office Email: lol.church@btinternet.com

Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



July Devotion : The Precious Blood of Jesus

16th Sunday in Ordinary Time, Yr. A

19th July 2026

Psalter Week 4



Saturday, 18th July,

6.00pm, Our Lady of Lourdes –

People of the Parishes

Sunday, 19th July,

8.30am, St Anthony's – Val Wallace RIP

(Anniversary)

9.45am, Our Lady of Lourdes – Tatenda

Mudzamiri—Thanksgiving

11.00am, St. Theresa's – Danuta & Robert

(20th Wedding Anniversary)

Monday, 20th July, NO MASS

Weekday

Tuesday, 21st July, 10.00am, Our Lady of Lourdes

Weekday — For world peace

Wednesday 22nd July, 7.00pm, Our Lady of Lourdes

St Mary Magdalen— Fr Bede prays for your good hearts desires

Thursday 23rd July, 11.00pm, St. Theresa's

St Bridget of Sweden, Patroness of Europe—
Thanksgiving prayers and for good health & healing

Friday, 24th July, 10.00am, Our Lady of Lourdes

Blessed Robert Ludlam and Nicholas Garlick,
Priests, Martyrs— November Memorial List

Next Weekend's Masses (17th Sunday in Ordinary Time Yr. A)

Saturday 25th July

6.00pm, Our Lady of Lourdes

Private Intention

Sunday 26th July

8.30am, St. Anthony's

November Memorial List

9.45am, Our Lady of Lourdes

Tatenda Mudzamiri (Special Intention)

11.00am St. Theresa's

The Aimua Family (For continued guidance and protection).



Sanctuary Lamp Intentions

Our Lady of Lourdes: The Holy Souls in Purgatory

Sponsor: The Parish

St. Anthony's: Dora Coipel RIP
(5th Anniversary)

Sponsor: Irena & Bob Hunt

St. Theresa's: The Holy Souls in Purgatory

Sponsor: The Parish



Sunday Readings:
1st Wisdom 12:13,16-19.
2nd Romans 8:26-27.
Gospel Matthew 13:24-43.

Responsorial Psalm: 86.

O Lord, you are good and

forgiving.

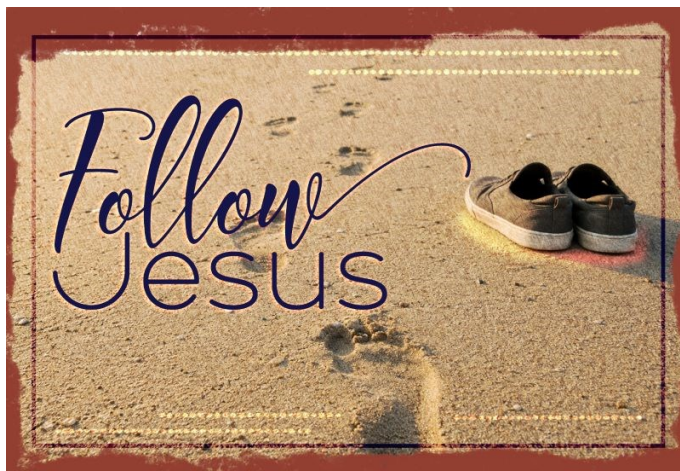
Gospel Acclamation, Cf. Matthew 11:25

Alleluia, alleluia.

I thank you Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children.

Alleluia.





We Believe: Festival of Catholic Life, 24 - 27 July 2026
Join thousands of Catholics from around the UK for the annual We Believe festival. Discover the traditions, charisms, ministries and movements of the Catholic Church in the UK in the beautiful and historic setting of St Mary's College, Oscott.
<https://www.webelievewithfestival.com>

Foodbank Donations

Our parish make regular donations to the Gleadless Foodbank. Please consider adding non-perishable grocery items to your shopping to donate in the box at the back of each church. **Tinned vegetables (especially potatoes), jam, cereal, noodles, tinned meat or fish, snacks, UHT milk or juice, squash, lunch box drinks.** All of these gratefully received. Thank you.



Sea Sunday £292.15. Thank you.

Weekend Cash Collections 11th/12th July.

Our Lady of Lourdes..... £364.77

St Anthony's..... £146.50

St Theresa's£307.45



Safeguarding Representatives

St. Theresa's—Debi Stringer

LOL—Tessa Taylor



Planning a Celebration?

Why not book one of the Parish Halls?

For bookings at Our Lady of Lourdes please contact Mark on 07852164838 or via email lol.churchhallbookings@gmail.com

For bookings at St Theresa's Hall please contact Debi on 07577897291



Tea and Coffee at Our Lady of Lourdes

Tea and coffee is available in the church hall after Sunday mass most weeks of the year, so please join us for a drink and a chat as a parish community. If you would like to join our volunteers to serve refreshments, please see Sal to add your name to the list.



Thank you to all those who worked so hard once again to make St Anthony's Jumble Sale

another great success raising a wonderful £652.49!

Thanks to all those who supported the Jumble sale too.



Support for St. Wilfrid's
Chocolate biscuits and crisps for light lunches and snacks and they are in special need of **tinned meat, salad cream and mayonnaise** for sandwiches.



School News

St John Fisher School news:

www.st-johnfisher.org

St Theresa's School news:

www.st-theresas-sheffield.co.uk

These QR Codes can be used to make an offering using your smartphone. Simply scan the relevant QR code and follow the on screen instructions.



LOL/St. Anthony's



St. Theresa's



Please pray for all the elderly, the sick and the housebound of our three churches including those named below.

Rita O'Hara, Clare Roberts, Jennie Heenan, Caitlin Rose Goss, Beryl Stafford, Jean Grove, Liliana Poole, Jean White, Shirley Foster, Sean Kilcoyne, Avis Hurst, Gloria Andrews, Chena Drakesmith, Marj Hall, Melvin Hanlon, John Carroll, Joan Hill, Claire Lawson, Patricia Foster, Christopher Browne, Mr. Shannon, Margaret Betson, Paul Manning, Annabel Taylor, John Nicholson, Philomena Walker, Lesley Osborne, Gail Hook, Elizabeth Dodson, Gemma Thomas, David Dowling, Fr. David Stafford, Tessa Taylor.

Please pray for the repose of the recently deceased souls & those whose anniversaries occur about this time.



Following the recent earthquake in Venezuela the family of Lee's son-in-law have lost absolutely everything. If you are able to help, donations can be made using the GoFundMe link below:

<https://gofund.me/74b2d609b>

There is also a basket and QR Code available at the back of Church for donations.



CAFOD have also launched an emergency appeal.

CAFOD-DEC Venezuela Earthquake Appeal

You can help our neighbours affected by the 24 June earthquakes in Venezuela with emergency shelter, water and food. CAFOD is already working with local Church partners to support people who have lost their homes, but we need your support to help more survivors. Your donation will provide essential supplies and help families rebuild their lives.

Donate to the CAFOD-DEC Venezuela Earthquake Appeal today: cafod.org.uk/Venezuela or call 0300 999 0030 or scan the QR code.

Please keep our neighbours in Venezuela in your prayers.



We pray for people affected by the earthquake in Venezuela and for CAFOD's church partners who are helping provide emergency shelter, food and water.

MARRIAGE IN A RUT? Or need help with deeper issues? Retrouvaille has helped thousands of couples find hope and healing in their marriage. Next dates: 2nd - 4th Oct. www.retrouvaille.org.uk/info Tel: 0788 7296983

Hospital Chaplaincy: When a Catholic is admitted to hospital, it is essential that they are recorded as Catholic on their medical records AND that the Catholic Chaplain, Fr Andrew, or Sr Anne is notified on the Chaplaincy Office number 01142715485 or Chaplaincy email on sth.chaplaincy@nhs.net

Stop assisted suicide being legalised

Assisted suicide campaigners have sadly brought back the Leadbeater Bill. This can be stopped if MPs vote down the Bill on 11 September.

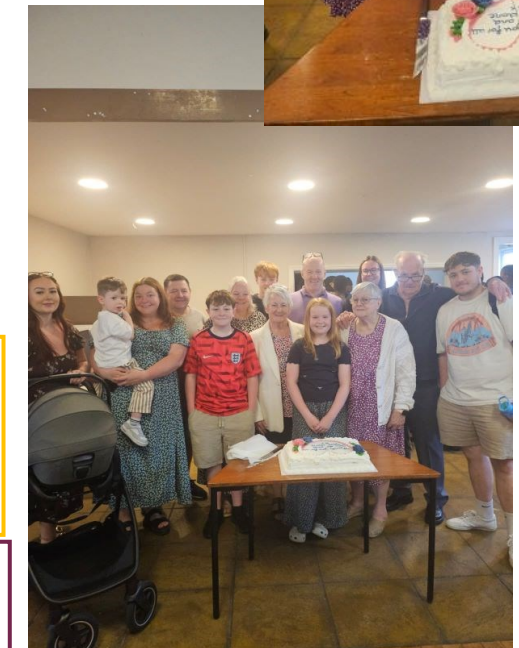
Right To Life UK has launched an Easy Action tool to help you email your MP to ask them to vote NO to assisted suicide in the vote in the House of Commons on 11 September.

Please take 30 seconds to email your MP today to ask them to vote NO to assisted suicide:

<https://righttolife.org.uk/Sept11vote>

Celebration at St. Theresa's

We had a truly joyful celebration at St Theresa's, giving thanks for, and celebrating all the hard work and dedication shown by Madeleine and Anne to our Parish. We offer them our heartfelt thanks for everything they have done for our church over the years.



The bulletin for July has been sponsored anonymously. Thank you.