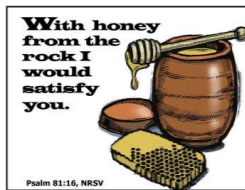


He fed them with the finest wheat and satisfied them with honey from the rock.



An Act of Spiritual Communion.

My Jesus, I believe that You are present in the Most Blessed Sacrament.

I love You above all things, and I desire to receive You into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace You as if you were already there, and I unite myself wholly to You.

Never permit me to be separated from You. (Saint Alphonsus Liguori)

Prayer to St. Michael

St. Michael the Archangel, defend us in our daily battle; be our safeguard against the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God thrust down into hell Satan and all the other evil spirits who prowl throughout the world seeking the ruin of souls. Amen.

✠ Our Lady of Lourdes ✠ Pray for Us

✠ St. Theresa ✠ Pray for Us

✠ St. Anthony ✠ Pray for Us



Confessions Available after every weekday and Saturday Vigil Mass or by advanced booking.

Exposition of the Blessed Sacrament 30 minutes before Weekday Mass

Anointing of the sick In cases of emergency only.

HIS BODY OUR FOOD; HIS BLOOD OUR DRINK!!!

I remember St Paul saying in his first letter to the Corinthians that “an unspiritual person has no room for the gifts of God’s spirit; to him they are folly; he cannot recognise them, because their value can be assessed only in the spirit” (2:14). This will tell you why so many people rejected the precious gift given to them by our Lord Jesus Christ because they were unspiritual and His gift to them sounded like a folly to them. Little wonder they said, “How can this man give us his flesh to eat” (Jn 6:52). This is also the same question many people in the world today ask and as such refuse to accept this precious gift given to us by Christ. Jesus knew that without Him we are practically nothing (Jn 15:5). Thus, he emphatically says “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you” (Jn 6:53). Hence, He instituted the Sacrament of The Holy Eucharist through which we are fed and nourished and have life. At the Last Supper, He brought a loaf of bread, gave thanks to God, broke it and gave it to His disciples saying, “TAKE AND EAT, THIS IS MY BODY, DO THIS IN REMEMBRANCE OF ME” (Lk 22:19). Again, He brought a cup full of wine, gave thanks to God and gave to His disciples saying, “TAKE AND DRINK, THIS IS MY BLOOD” (Mt 26:28). This is what we are celebrating today, the CORPUS CHRISTI. The gift of His body and blood to humanity through which we eat and drink in order to have life.

As we celebrate this great feast today, I would like us to pay good attention to the wonderful promises Jesus gave to those who appreciate His gift and eat His Body and drink His Blood. He says “whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day” (Jn 6:54). This means if you eat His Body and drink His Blood worthily eternal life is assured. This is encouraging. Again, He says “whoever feeds on my flesh and drinks my blood abides in me, and I in him” (Jn 6:56). This gives me goosebumps!!! Who am I that Jesus will abide in me. This means that you and Jesus are one. What a privilege. If Jesus lives in you and you in Him, it means your life has to reflect the life of Jesus: Love, forgiveness, compassion, charity, holiness, obedience etc. Finally,

He says “whoever feeds on this bread will live forever” (Jn 6:58). In other words, you will have life here and life here after. As we celebrate this feast today, let us appreciate this precious gift given to us by Christ and try to be like Christ by sacrificing ourselves to give life to others. I wish you a happy feast day.



Those who eat my flesh and drink my blood abide in me, and I in them. JOHN 6:56, NRSV

FR BEDE

St Theresa’s and Our Lady of Lourdes with St Anthony’s

Parish Priest: Fr. Bede Dike | Parish Office Tel: 0114 248 6102

Office Email: lol.church@btinternet.com

Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



June Devotion : The Most Sacred Heart of Jesus
The Most Holy Body & Blood of Christ (Corpus Christi), Yr. A
7th June 2026
Psalter Week 2



Saturday, 6th June,

6.00pm, Our Lady of Lourdes – John Nicholson (Divine Healing)

Sunday, 7th June,

8.30am, St Anthony’s – November Memorial List
9.45am, Our Lady of Lourdes – People of the Parishes
11.00am, St. Theresa’s – Pauline Dewsnap RIP (Anniversary)

Monday, 8th June, NO MASS
 Weekday

Tuesday, 9th June, 10.00am, Our Lady of Lourdes,
 Weekday—Sotovoce Ruach (Birthday thanksgiving and intentions)

Wednesday 10th June, 7.00pm, Our Lady of Lourdes
 Weekday— Sheila Kelly RIP (Birthday)

Thursday 11th June, 11.00pm, St. Theresa’s
 St Barnabas, Apostle— Eileen Fudge RIP

Friday, 12th June, 10.00am, Our Lady of Lourdes
 The Most Sacred Heart of Jesus—November Memorial List

Next Weekend’s Masses (11th Sunday in Ordinary Time , Yr. A)

Saturday 13th June
6.00pm, Our Lady of Lourdes
 People of the Parishes
Sunday 14th June
8.30am, St. Anthony’s
 Steven Marklew RIP
9.45am, Our Lady of Lourdes
 SVP Beneficiaries
11.00am St. Theresa’s
 Sally McMulkin RIP (1st Anniversary)



Sanctuary Lamp Intentions

Our Lady of Lourdes: The Holy Souls in Purgatory
Sponsor: The Parish

St. Anthony’s: The Holy Souls in Purgatory
Sponsor: The Parish

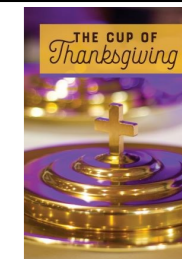
St. Theresa’s: The Holy Souls in Purgatory
Sponsor: The Parish



Sunday Readings:
 1st Deuteronomy 8:2-3,14b-16a.
 2nd 1 Corinthians 10:16-17.
 Gospel John 6:51-58.

Responsorial Psalm: 147.
O Jerusalem, glorify the LORD!

Gospel Acclamation John 6:51.
Alleluia, alleluia.
I am the living bread that came down from heaven, says the Lord. If anyone eats of this bread, he will live for ever.
Alleluia.



Polite Request from St. John Fisher School

Unfortunately, there have been several occasions where individuals and groups have accessed the school grounds when the site is closed (including evenings and weekends) and used equipment intended only for supervised use by our pupils during the school day. Sometimes this has led to equipment being lost, damaged, and, in some cases, broken beyond repair. Staff have also arrived to find football nets moved and damaged, and our outdoor learning areas—often carefully prepared for the children—left littered and in disarray. This is both frustrating and unfair. Our CCTV has also captured instances of adults and much older children using equipment designed specifically for younger pupils. This includes the FS2 outdoor learning area and sand pit (behind a closed gate), the climbing frame, outdoor gym equipment, and the SJF Wildlife Trail, where misuse in the past has resulted in damage requiring costly repairs. There is also the risk of unsupervised children being injured. Our parish friends and partners share our concerns and confirm that such use is not permitted under their hire agreements. So, if you are on the school site, for example, parking for Mass or attending an event or party, please support us by not accessing outdoor learning areas or using any school equipment, including climbing frames and gym apparatus. We would also appreciate you reminding others to do the same.

Tea and Coffee at Our Lady of Lourdes

Tea and coffee is available in the church hall after Sunday mass most weeks of the year, so please join us for drink and a chat as a parish community. If you would like to join our volunteers to serve refreshments, please see Sal to add your name to the list.



Hospital Chaplaincy:

When a Catholic is admitted to hospital, it is essential that they are recorded as Catholic on their medical records AND that the Catholic Chaplain, **Fr Andrew**, or **Sr Anne** is notified on the Chaplaincy Office number **01142715485** or Chaplaincy email on sth.chaplaincy@nhs.net

The next Social & Fundraising Meeting at Our Lady of Lourdes is on Wednesday 10th June in the Parish Hall Meeting Room after Mass. All welcome

Support for St. Wilfrid's Centre

Chocolate biscuits and crisps for light lunches and snacks and they are in special need of **tinned meat, salad cream and mayonnaise** for sandwiches.



Foodbank Donations

Our parish make regular donations to the Gleadless Foodbank. Please consider adding non-perishable grocery items to your shopping to donate in the box at the back of each church. **Tinned vegetables (especially potatoes), jam, cereal, noodles, tinned meat or fish, snacks, UHT milk or juice, squash, lunch box drinks.** All of these gratefully received. Thank you.



Weekend Cash Collections 30th/31st May

Our Lady of Lourdes..... £392.30
St Anthony's..... £142.80
St Theresa's£342.60

Thank you.



Safeguarding Representatives

St. Theresa's—Debi Stringer
OLOL—Tessa Taylor



School News

St John Fisher School news:
www.st-johnfisher.org

St Theresa's School news:
www.st-theresas-sheffield.co.uk



These QR Codes can be used to make an offering using your smartphone. Simply scan the relevant QR code and follow the on screen instructions.

OLOL/St. Anthony's



St. Theresa's



Please pray for all the elderly, the sick and the housebound of our three churches including those named below.

Rita O'Hara, Clare Roberts, Jennie Heenan, Caitlin Rose Goss, Beryl Stafford, Jean Grove, Liliana Poole, Jean White, Shirley Foster, Sean Kilcoyne, Avis Hurst, Gloria Andrews, Chena Drakesmith, Marj Hall, Melvin Hanlon, John Carroll, Joan Hill, Claire Lawson, Patricia Foster, Christopher Browne, Mr. Shannon, Margaret Betson, Paul Manning, Annabel Taylor, John Nicholson, Philomena Walker, Lesley Osborne, Gail Hook, Elizabeth Dodson, Gemma Thomas, David Dowling, Fr. David Stafford, Tessa Taylor.



Please pray for the repose of the recently deceased souls & those whose anniversaries occur about this time.

SUMMER FAIR WITH FUN & GAMES

Our Lady of Lourdes Saturday, 27th June, 2-4pm

We are once again looking for volunteers to man stalls and help on the day. The list of stalls is available at the back of church for you to add your name. A list of items for the popular bottle stall and items for refreshments we require are also at the back of church. Donations pledged will help us raise funds for our Parish.

We are already welcoming other donations for stalls: Books, toys, jewellery, toiletries, summer holiday items, new and nearly new items. Thank you for all your support. It is so much appreciated.

If you have any questions, please speak to Renate



Planning a Celebration?

Why not book one of the Parish Halls?
For bookings at Our Lady of Lourdes please contact Mark on 07852164838 or via email lol.churchhallbookings@gmail.com
For bookings at St Theresa's Hall please contact Debi on 07577897291



Heart to Heart women's retreat, 19 - 22 June 2026

A fantastic opportunity for Catholic women: three days of guided prayer, discernment and silence in beautiful surroundings, led by Fr Bernard Murphy, CFR and the Franciscan Sisters of the Renewal.

The retreat will offer space for attentiveness to the Lord based on principles of Ignatian spirituality.

<https://christianheritagecentre.com/events/heart-to-heart-retreat/>

Corpus Christi Prayer for Unity

Our Father, on this blessed Feast of Corpus Christi, we gather to honour the Body and Blood of Christ. May our hearts be filled with gratitude for this sacred gift. Strengthen our faith, unite us in love, and inspire us to serve others as we celebrate Your divine presence among us. Amen.



ST. THERESA'S CATHOLIC CHURCH
FOOD & CULTURAL FESTIVAL
CONNECT WITH FRIENDS AND NEIGHBOURS

SATURDAY, JULY 18
12:00 - 15:00 | ST. THERESA'S CATHOLIC PRIMARY SCHOOL GROUNDS S2 1EY

INTERNATIONAL FOOD STALLS
BBQ & REFRESHMENTS
TRADITIONAL MUSIC
DISPLAY OF NATIONS IN VIBRANT CULTURAL COSTUMES!

TICKET PRICES*
ADULTS £6
CHILDREN £3

MAIN FOOD STALLS INCLUDED IN TICKET PRICE
BBQ AND DRINKS SOLD SEPARATELY
"CELEBRATE DIVERSITY, FAITH, AND COMMUNITY!"

Raffle ticket sales to support preparations for the festival are ongoing. Please purchase yours for £1 per strip (5 tickets) after 11am mass at St Theresa's. Thank you

Foundation School Governor at St Theresa's School

We are looking for a new Foundation Governor, someone who is interested in the further development of our school. No education experience is necessary; however, knowledge of any of the following is desirable. Full training is given. The only criteria to become a foundation governor are that you are a Practising Catholic and are over 18 years old.

- Strategic planning
- Identifying problems/considering solutions
- Finance & budgeting
- Procurement & purchasing
- Data analysis
- Health and Safety
- Links with business/community
- Understanding of education policy

If you are interested or would like further information please contact Sarah Vintin, Clerk to the Governors on 0114 2397251, pop into the school office or email admin@st-theresas.sheffield.sch.uk.

The bulletin for June has been sponsored anonymously. Thank you.