

*Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.*



An Act of Spiritual Communion.

My Jesus, I believe that You are present in the Most Blessed Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace You as if you were already there,
and I unite myself wholly to You.
Never permit me to be separated from You.
(Saint Alphonsus Liguori)

Prayer to St. Michael

St. Michael the Archangel,
defend us in our daily battle; be our safeguard against
the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O
Prince of the heavenly host, by the power of God thrust
down into hell

Satan and all the other evil spirits who prowl throughout
the world seeking the ruin of souls. Amen.

✠ Our Lady of Lourdes ✠ Pray for Us

✠ St. Theresa ✠ Pray for Us

✠ St. Anthony ✠ Pray for Us



Confessions
Available after every weekday and
Saturday Vigil Mass or by advanced
booking.

Exposition of the Blessed
Sacrament
30 minutes before Weekday Mass
Anointing of the sick
In cases of emergency only.

THE MYSTERY OF THE BLESSED TRINITY

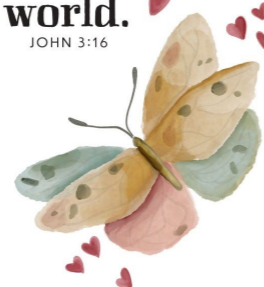
God is a mystery and everything about God is surrounded in mystery. Therefore, if any one says he knows everything about God it is either the person is God Himself which is not possible or the person is not mentally stable. A mystery is something that is true or real but not fully understood. Mystery is something beyond human understanding. It is a mystery that God is everywhere at the same time. It is a mystery that He knows everything, everywhere and every time. It is a mystery that God is all powerful. It is a mystery that God came into the world as a little Baby. Without mystery God is no longer God. So, a mystery is a truth about God that human mind cannot understand by reason alone, even though God has revealed it and one of the truths is the one we are celebrating today. The Church celebrates the Solemnity of the Holy Trinity. The Trinity of God the Father, God the Son and God the Holy Spirit. It is a mystery beyond human imagination and intellect and as such it will be ridiculous and at the same time effort in futility for me or anyone to define the essence of God. We can only describe the qualities of God like Moses did in the first reading of today describing God as "a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness". However, the Blessed Trinity can be described as three Persons, the Father, the Son, and the Holy Spirit, not three gods but still one God. Thus, the Athanasian Creed avers that "the Father is God, the Son is God, and the Holy Spirit is God, and yet there are not three Gods but one God" The three Persons in one God are co-eternal and co-equal: all alike are uncreated and omnipotent. This is a mystery that is incomprehensible and as such we should accept it as an article of faith. Be that as it may, we cannot pass over this feast without some lessons:

LOVE: We can reflect on the love that exists in the community of the Blessed Trinity. God the Father created the world out of love; God the Son saved the world out of love; God the Holy Spirit sanctifies the world out of love. Let us show love to other people.

UNITY: Three persons but one God. Let us understand that for the fact that we are different does not mean that we are divided, rather there should be unity in diversity.

PEACE: Peace exists in the community of the Blessed Trinity because there is understanding. We should be agents of peace.

**For God
so loved
the world.**
JOHN 3:16



Let us emulate the qualities of the Blessed Trinity so that we can live with the community of the Blessed Trinity eternally in heaven at the end. I wish you a Blessed Sunday!

FR BEDE

St Theresa's and Our Lady of Lourdes with St Anthony's

Parish Priest: Fr. Bede Dike | Parish Office Tel: 0114 248 6102



Office Email: lol.church@btinternet.com

Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



**May Devotion: Our Lady,
June Devotion : The Most Sacred Heart of Jesus
The Most Holy Trinity, Yr. A - 31st May 2026
Psalter Week 1**



Saturday, 30th May,

6.00pm, Our Lady of Lourdes –
Arleen Thompson RIP

Sunday, 31st May,

8.30am, St Anthony's – World Peace
9.45am, Our Lady of Lourdes – Divine Protection,
Physical & Spiritual Healing for Consolata's Children
& Grandchildren.
11.00am, St. Theresa's – Fr Brian Davies RIP

Monday, 1st June, NO MASS

St Justin, Martyr

Tuesday, 2nd June, 9.15am, Our Lady of
Lourdes, Weekday

Funeral Service for Arleen Thompson

Wednesday 3rd June, 7.00pm, Our Lady of
Lourdes

St Charles Lwanga and his Companions,
Martyrs— Jincy Jones (Private Intention)

Thursday 4th June, 11.00pm, St. Theresa's

Our Lady of Doncaster—The Holy Souls in
Purgatory (especially those with no one to pray for
them).

Friday, 5th June, 10.00am, Our Lady of Lourdes

St Boniface—November Memorial List

Saturday, 6th June (First Saturday), 10.00am, St

Theresa's (Preceded by Exposition,
Rosary, and Confession at 9.30am)
Weekday — Our Lady's
Intentions

Next Weekend's Masses (The Most Holy
Body & Blood of Christ, Yr. A)

Saturday 6th June

6.00pm, Our Lady of Lourdes
John Nicholson (Divine Healing)

Sunday 7th June

8.30am, St. Anthony's
November Memorial List

9.45am, Our Lady of Lourdes

People of the Parishes

11.00am St. Theresa's

Pauline Dewsnap RIP (Anniversary)



Sanctuary Lamp Intentions

Our Lady of Lourdes: The Holy Souls in
Purgatory
Sponsor: The Parish



St. Anthony's: The Holy Souls in
Purgatory
Sponsor: The Parish

St. Theresa's: The Holy Souls in
Purgatory
Sponsor: The Parish

Sunday Readings:
1st Exodus 34:4b-6,8-9.
2nd 2 Corinthians 13:11-14.
Gospel John 3:16-18.



Responsorial Psalm: Dan
3:52.53.54.55.56.

To be praised and highly exalted for ever!

Gospel Acclamation Cf. Revelation 1:8.
Alleluia, alleluia.
Glory be to the Father, and to the Son,
and to the Holy Spirit, the God who is
and who was and who is to come.
Alleluia.

