

**Hosanna in the highest!  
Blessed are you, who have  
come in your abundant  
mercy!**



**An Act of Spiritual Communion.**

My Jesus, I believe that You are present in the Most Blessed Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
I embrace You as if you were already there,  
and I unite myself wholly to You.  
Never permit me to be separated from You.  
*(Saint Alphonsus Liguori)*

**Prayer to St. Michael**

St. Michael the Archangel,  
defend us in our daily battle; be our safeguard against  
the wickedness and snares of the devil.  
  
May God rebuke him, we humbly pray, and do thou, O  
Prince of the heavenly host, by the power of God thrust  
down into hell  
Satan and all the other evil spirits who prowl throughout  
the world seeking the ruin of souls. Amen.  
  
*✠ Our Lady of Lourdes ✠ Pray for Us*  
*✠ St. Theresa ✠ Pray for Us*  
*✠ St. Anthony ✠ Pray for Us*



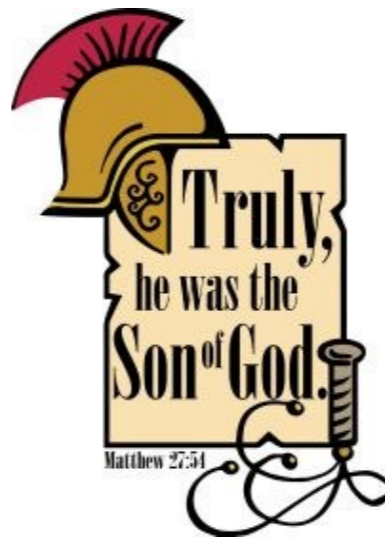
**Confessions**  
**Available after every weekday and**  
**Saturday Vigil Mass or by advanced**  
**booking.**

**Exposition of the Blessed**  
**Sacrament**  
**30 minutes before Weekday Mass**  
  
**Anointing of the sick**  
**In cases of emergency only.**

**THE HOLY WEEK IS HERE!!!**

Today the Holy Mother Church celebrates the solemnity of Palm Sunday. It is a day the Church commemorates the triumphal entry of our Lord Jesus Christ into Jerusalem. Jesus was willingly going into Jerusalem to die a shameful death in order to save humanity from sin and death. Little wonder, it is also called Passion Sunday. The celebration of Palm Sunday ushers us into the HOLY WEEK when we reflect on the suffering, crucifixion and death of our Lord Jesus Christ. According to the Gospel accounts Jesus rode into the city on a donkey amidst cheers from the crowd who were in Jerusalem for Passover and who waved palm branches and proclaimed Him as the messianic King. As the people were spreading their cloaks on the road for Jesus, they were shouting "Blessed is the King who comes in the name of the Lord! Peace in heaven and glory in the highest" (LK 19:38) Unfortunately, this crowd that sang Hosanna for Jesus later turned against Him after few days and started shouting crucify him, crucify him. This week calls for a deeper reflection on our relationship with Jesus and our fellow human beings. There are many lessons we have to learn today from the passion narrative that will help us to better our lives as Christians. Jesus is making us to understand that leadership goes with service. A leader is to serve and not to be served. Let us not be like Peter by being too cocky but depend on the grace of God. In difficulty and trials let us pray like Jesus did and not sleep like the disciples when we should be praying. We should desist from being like Judas who betrayed his Master with a kiss. Let our love for each other be genuine! What of Pilate who out of fear shied away from the truth and condemned the innocent. Be brave in upholding the truth come what may. Let us not be like the scribes and chief priests by accusing the innocent out of jealousy and hatred. Let us not be one of the criminals or soldiers who mocked Jesus. Rather, let us be like Simon of Cyrene by helping Jesus to carry the cross; daughters of Jerusalem by showing sympathy and compassion to the suffering; one of the criminals by acknowledging our sins and asking for forgiveness; and let us be like Joseph of Arimathea by reverencing the Body of Christ and keeping it holy. Let us be like the Centurion who acknowledged the glory of Christ. Therefore, as we journey with Christ to Jerusalem this holy week, may we suffer with Him, die with Him and resurrect with Him on Easter morning holy and wonderful Christians. I wish you a spirit filled HOLY WEEK.

FR BEDE



**St Theresa's and Our Lady of Lourdes with St Anthony's**

Parish Priest: Fr. Bede Dike | Parish Office Tel: 0114 248 6102



Office Email: [lol.church@btinternet.com](mailto:lol.church@btinternet.com)

Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



**March Devotion: St Joseph**

**Palm Sunday, Yr. A**  
**29th March 2026**  
**Psalter Week 2**



**Saturday, 28th March,**

**6.00pm, Our Lady of Lourdes** Repose of the Soul of Olumuyiwa Orukotan RIP

**Sunday, 29th March,**

**8.30am, St Anthony's** – Sophia Esteban (Exam success and to graduate in July 2026)  
**9.45am, Our Lady of Lourdes**—Mr & Mrs Mathew RIP  
**11.00am, St. Theresa's** – Paul Di Laurenzio RIP

**Monday, 30th March, NO MASS**  
Monday of Holy Week

**Tuesday, 31st March, 10.00am, Our Lady of Lourdes**  
Tuesday of Holy Week— Christine Moore RIP

**Wednesday 1st April, 11.00am, Cathedral Church of St. Marie**—The *Chrism Mass*— With the *Priests of the Hallam Diocese.*

**Thursday, 2nd April, HOLY THURSDAY**  
**Mass of the Lord's Supper**

7.00pm, Our Lady of Lourdes – Munashe and Tadiwa Motsi-Mudzamiri  
7.00pm, St. Theresa's - Dorothy Knight RIP



**Friday, 3rd April, GOOD FRIDAY**  
**The Passion of Our Lord**

3.00pm, Our Lady of Lourdes  
3.00pm, St. Theresa's



**Next Weekend's Masses (Easter Sunday, Yr. A)**

**Saturday 4th April, The Easter Vigil**  
**7.00pm, Our Lady of Lourdes**—Jennie Heenan (Birthday Intentions)  
**7.00pm, St. Theresa's**—Thanksgiving Mass for The Holy Souls in Purgatory

**Sunday 5th April, Easter Sunday**  
**Resurrection Mass**

**9.00am, St. Anthony's** - Maureen Heraghty RIP (Anniversary)  
**9.45am, Our Lady of Lourdes** - Ted Hamshaw RIP  
**11.00am St. Theresa's** - Thanking God for His Blessings on the Dauda's Family



**Sanctuary Lamp Intentions**

**Our Lady of Lourdes:** The Holy Souls in Purgatory  
**Sponsor:** The Parish



**St. Anthony's:** The Holy Souls in Purgatory  
**Sponsor:** The Parish

**St. Theresa's:** The Holy Souls in Purgatory  
**Sponsor:** The Parish

**Sunday Readings:**  
Gospel Matthew 21:1-11.  
1<sup>st</sup> Isaiah 50:4-7.  
2<sup>nd</sup> Philippians 2:6-11.  
Gospel Matthew 26:14-27:66.



**Responsorial Psalm: 22.**  
*My God, my God, why have you forsaken me?*

**Gospel Acclamation Philippians 2:8-9.**  
*Praise to you, O Christ, king of eternal glory. Christ became for us obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name. Praise to you, O Christ, king of eternal glory.*

Tickets for the Easter Raffle at Our Lady of Lourdes are available at the back of Church. Please ask your family and friends if they would like to buy some too. Some great prizes to be won!



The sale of books at St. Anthony's has raised a further £27.60. Thank you.



**Tea and Coffee at Our Lady of Lourdes**

Tea and coffee is available in the church hall after Sunday mass most weeks of the year, so please join us for a drink and a chat as a parish community. If you would like to join our volunteers to serve refreshments, please see Sal to add your name to the list.



**Foodbank Donations**

Our parish make regular donations to the Gleadless Foodbank. Please consider adding non-perishable grocery items to your shopping to donate in the box at the back of each church. Tinned vegetables, cereal, noodles, tinned meat or fish, snacks, UHT milk or juice, squash, lunch box drinks. All of these gratefully received. Thank you.



**Support for St. Wilfrid's Centre**

Tinned ham, chocolate biscuits and crisps for light lunches and snacks



Food Donations

**Weekend Cash Collections 21st/22nd March**

Our Lady of Lourdes..... £329.26

St Anthony's..... £222.20

St Theresa's .....£373.83

Thank you.



**Safeguarding Representatives**

St. Theresa's—Debi Stringer  
OLOL—Tessa Taylor



**School News**

St John Fisher School news:  
[www.st-johnfisher.org](http://www.st-johnfisher.org)

St Theresa's School news:  
[www.st-theresas-sheffield.co.uk](http://www.st-theresas-sheffield.co.uk)

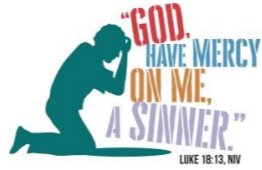


**Confessions**

Our Lady of Lourdes Tuesday 31st March at 6.30pm

Exposition with time for silent prayer and concluding with Benediction.

Please try and make the time to come along and get well prepared and renewed ready to celebrate Easter.



If you know anyone who is sick or housebound and would appreciate a visit from Fr. Bede, please email or call the Parish Office so that this can be arranged. Parish Office contact details are on the front of the bulletin.



St Theresa's Gift Aid Envelopes and Gift Aid letters are now available to collect from the back of Church. Thank you.

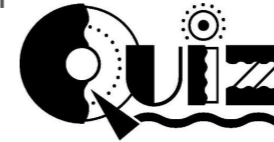
**Help Needed at St Theresa's**

It would be greatly appreciated if you could spare an hour on 2nd April between 12 and 1pm to help with the flowers at St. Theresa's. Thank you.



**Parish Social - Family Quiz Night**

Friday, 24th April, 7pm - Our Lady of Lourdes Parish Hall  
The evening includes a general knowledge quiz, picture quizzes, children's quiz, Bingo, raffle and lots of prizes! Please bring your own drinks and a food dish for the shared buffet table. Refreshments will also be available to purchase. Entry: £1 for adults, FREE for kids. Please register your attendance at the back of church and pay on the night. All welcome!



**Hallam Lourdes Pilgrimage 2026**

Bookings are now being taken for the Hallam Pilgrimage to Lourdes, 26th June to 2nd July. The cost is £1010, to include flights from Leeds Bradford to Lourdes, 6 nights accommodation, full board and insurance. There will be a full religious programme led by Bishop Ralph. The theme this year is 'Hail, full of grace'. For bookings see [www.tangney-tours.com/hallam](http://www.tangney-tours.com/hallam), or call 01732 886666. Paper booking forms will be available in parishes within the next two weeks. For further information call 01302 247910 or 07724 650066 or email [lourdesoffice@hallam-diocese.com](mailto:lourdesoffice@hallam-diocese.com).



**MARRIAGE SUPPORT:**

From relationships that are 'Just in a Rut', needing some refreshment or more serious issues - If you are open to try again - Retrouvaille could be the solution. We have helped thousands of couples get their relationship back on track as they rediscovered hope and trust in the marriage. To find out more: [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk) +44 797 338 0443

**Planning a Celebration?**

Why not book one of the Parish Halls?

For bookings at Our Lady of Lourdes please contact Mark on 07852164838 or via email [lol.churchhallbookings@gmail.com](mailto:lol.churchhallbookings@gmail.com)

For bookings at St Theresa's Hall please contact Debi on 075778 97291



**A Personal Prayer of Entrance into Holy Week**

Father, I confess that I have passed through many Holy Weeks without truly entering them. I have carried my palm and returned home to the ordinary rhythm of my days, and by Wednesday the branch was dry and the memory of Sunday already faint. This year I ask for something different. Give me the grace to remain present — to the Passion reading, to the silence of the Triduum, to the darkness before the dawn of Easter. Do not let me skip to the resurrection without standing first at the cross. I want to know You, and to know You truly is to follow where You go, even into suffering.



**PUZZLE**

**Praise him!**

When Jesus entered Jerusalem, a large crowd cheered for him. Complete this puzzle to discover what they used (also see John 12:13).

Directions: In the number grid below, draw lines by starting with the first number in each list and stopping at the last.

- |                     |                      |                      |
|---------------------|----------------------|----------------------|
| 122-112-116-102-112 | 92-97-82-92          | 42-19-52-18-62-17-72 |
| 112-68-102          | 92-37-82             | 82-27-72-87-82       |
| 102-107-92-102      | 22-42-44-32-9-42     | 82-42                |
| 102-47-92           | 42-55-52-66-62-77-72 |                      |

|     |     |     |     |     |     |     |     |     |     |     |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  | 19  | 20  | 21  | 22  |
| 23  | 24  | 25  | 26  | 27  | 28  | 29  | 30  | 31  | 32  | 33  |
| 34  | 35  | 36  | 37  | 38  | 39  | 40  | 41  | 42  | 43  | 44  |
| 45  | 46  | 47  | 48  | 49  | 50  | 51  | 52  | 53  | 54  | 55  |
| 56  | 57  | 58  | 59  | 60  | 61  | 62  | 63  | 64  | 65  | 66  |
| 67  | 68  | 69  | 70  | 71  | 72  | 73  | 74  | 75  | 76  | 77  |
| 78  | 79  | 80  | 81  | 82  | 83  | 84  | 85  | 86  | 87  | 88  |
| 89  | 90  | 91  | 92  | 93  | 94  | 95  | 96  | 97  | 98  | 99  |
| 100 | 101 | 102 | 103 | 104 | 105 | 106 | 107 | 108 | 109 | 110 |
| 111 | 112 | 113 | 114 | 115 | 116 | 117 | 118 | 119 | 120 | 121 |
| 122 | 123 | 124 | 125 | 126 | 127 | 128 | 129 | 130 | 131 | 132 |

Start



These QR Codes can be used to make an offering using your smartphone. Simply scan the relevant QR code and follow the on screen instructions.

OLOL/St. Anthony's



St. Theresa's



**Please pray for all the elderly, the sick and the housebound of our three churches including those named below.**

Rita O'Hara, Clare Roberts, Jennie Heenan, Caitlin Rose Goss, Beryl Stafford, Jean Grove, Liliana Poole, Jean White, Shirley Foster, Sean Kilcoyne, Avis Hurst, Gloria Andrews, Chena Drakesmith, Marj Hall, Melvin Hanlon, John Carroll, Joan Hill, Claire Lawson, Patricia Foster, Christopher Browne, Mr. Shannon, Margaret Betson, Paul Manning, Annabel Taylor, John Nicholson, Philomena Walker, Lesley Osborne, Gail Hook, Elizabeth Dodson, Gemma Thomas, David Dowling, Fr. David Stafford, Tessa Taylor.



**Please pray for the repose of the recently deceased souls & those whose anniversaries occur about this time.**

The bulletin for March has been sponsored by Gifty Mensah in celebration of her birthday . Thank you.