

Of you my heart has spoken,  
Seek his face.  
It is your face, O Lord, that I seek;  
hide not your face from me.



**An Act of Spiritual Communion.**

My Jesus, I believe that You are present in the Most Blessed Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
I embrace You as if you were already there,  
and I unite myself wholly to You.  
Never permit me to be separated from You.  
*(Saint Alphonsus Liguori)*

**Prayer to St. Michael**

St. Michael the Archangel,  
defend us in our daily battle; be our safeguard against  
the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O  
Prince of the heavenly host, by the power of God thrust  
down into hell  
Satan and all the other evil spirits who prowl throughout  
the world seeking the ruin of souls. Amen.

✠ *Our Lady of Lourdes* ✠ *Pray for Us*  
✠ *St. Theresa* ✠ *Pray for Us*  
✠ *St. Anthony* ✠ *Pray for Us*



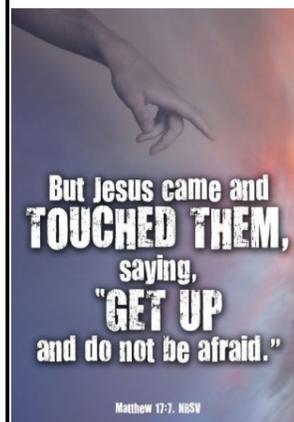
**Confessions**  
**Available after every weekday and**  
**Saturday Vigil Mass or by advanced**  
**booking.**

Exposition of the Blessed  
Sacrament  
30 minutes before Weekday Mass  
Anointing of the sick  
In cases of emergency only.

**LISTEN TO HIM!!!**

Jesus made His mission on earth explicitly known to His disciples that He was destined “to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes and to be put to death and to be raised up on the third day” (Matt 16:21). Unfortunately, this message did not go down well with His disciples. They wanted an easy life. They expected a Master who would fight and conquer the whole world and then they will be in charge of His kingdom. So, they were totally disappointed with Jesus and His mission. Hence, Peter started to remonstrate with Jesus by saying “heaven preserve you, Lord, this must not happen to you” (Matt 16:22). Just like Jesus said to satan last Sunday, He said to Peter “Get behind me, satan! You are an obstacle in my path, because you are thinking not as God thinks but as human beings do” (Matt 16:23). To be emphatic about His mission, Jesus says “If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. Anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it” (Matt 16:24-25). This implies that it is only through the way of cross that we can receive salvation. To save His disciples from the scandal of the cross, He decided to take three of His disciples, Peter, James and John to a high mountain where He got transfigured. They got the privilege of experiencing the beatific vision and they were overwhelmed. They were filled with awe and amazement. They didn’t want to go down again because in the presence of the Lord there is peace and joy. Peter being marvelled at what he saw exclaimed “Lord, it is good that we are here. If you wish, I will make three tents here, one for you and one for Moses and one for Elijah” (Matt 17:4). Unfortunately, this request was not granted because they needed to come here but through the way of the cross. Hence, the voice of God says “This is my beloved Son, with whom I am well pleased; listen to him” (Matt 17:5). We are called upon this Lenten season to listen to the voice of God’s beloved Son. He says “If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me”. The way of the cross is the way of sacrifice, self-renunciation and repentance. So, Lenten season reminds us to renounce ourselves, carry our cross and follow Jesus so that at the end we shall experience the eternal beatific vision. Therefore, I encourage you not to allow this Lenten season to pass you by. I wish you a holy and spirit-filled Lenten season.

FR BEDE



**St Theresa’s and Our Lady of Lourdes with St Anthony’s**

Parish Priest: Fr. Bede Dike | Parish Office Tel: 0114 248 6102



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Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



**March Devotion: St Joseph**  
**2nd Sunday of Lent, Yr. A**  
**1st March 2026**  
**Psalter Week 2**



**Saturday, 28th February,,**

**6.00pm, Our Lady of Lourdes** Divine Protection and physical and spiritual healing for Consolata’s children, grandchildren & great grandchildren

**Sunday, 1st March,**  
**8.30am, St Anthony’s** – Sue Ross RIP (Anniversary)  
**9.45am, Our Lady of Lourdes**—November Memorial List  
**11.00am, St. Theresa’s** – Chinonso Ezuruike (Birthday Thanksgiving)

**Monday, 2nd March, 10.00am, Our Lady of Lourdes**  
Lenten Weekday — For Assistance and Divine Protection

**Tuesday, 3rd March, 10.00am, Our Lady of Lourdes**  
Lenten Weekday — Frau Christfriede Hegewald RIP

**Wednesday, 4th March, 10.00am Our Lady of Lourdes**  
Lenten Weekday (Commemoration of St Casimir)—Tinashe Motsi and Panashe Motsi

**Thursday, 5th March, 11.00am St. Theresa’s**  
Lenten Weekday—Dorothy Knight RIP (Birthday)

**Friday, 6th March, 10.00am, Our Lady of Lourdes**  
Lenten Weekday — November Memorial List

**Saturday, 7th March (First Saturday), 10.00am, St Theresa’s** (Preceded by Exposition, Rosary, and Confession at 9.30am)  
Weekday (Commemoration of Ss Perpetua and Felicity, Martyrs) —Our Lady’s Intentions

**Next Weekend’s Masses (3rd Sunday of Lent, Yr. A)**

**Saturday 7th March**  
**6.00pm, Our Lady of Lourdes** - John Nicholson (Sick)  
**Sunday 8th March**  
**8.30am, St. Anthony’s** - Roy & Jean Ashton RIP  
**9.45am, Our Lady of Lourdes** - People of the Parishes  
**11.00am St. Theresa’s** - Repose of the Soul of Margaret Iwunze RIP (3rd Anniversary)



**Sanctuary Lamp Intentions**

**Our Lady of Lourdes:** The Holy Souls in Purgatory  
**Sponsor:** The Parish



**St. Anthony’s:** The Holy Souls in Purgatory  
**Sponsor:** The Parish

**St. Theresa’s:** The Holy Souls in Purgatory  
**Sponsor:** The Parish

**Sunday Readings:**  
**1<sup>st</sup> Genesis 12:1-4a.**  
**2<sup>nd</sup> 2 Timothy 1:8b-10.**  
**Gospel Matthew 17:1-9.**

**Responsorial Psalm: 33.**

**May your merciful love be upon us, as we hope in you, O LORD.**



**Gospel Acclamation**  
**Glory to you, O Christ, Wisdom of God the Father. From a bright cloud, the Father’s voice was heard: “This is my beloved Son, listen to him” Glory to you, O Christ, Wisdom of God the Father.**

**Our Lady of Lourdes Jumble and Nearly New Sale**

We are collecting for our next jumble and nearly new sale which will take place on 28 March .from 11am to 1pm. Please bring any donations of clothing, accessories, soft furnishings, toys, books and bric-a-brac into church and leave them under the table at the back of church.



If you know anyone who is sick or housebound and would appreciate a visit from Fr. Bede, please email or call the Parish Office so that this can be arranged. Parish Office contact details are on the front of the bulletin.



**Tea and Coffee at Our Lady of Lourdes**

Tea and coffee is available in the church hall after Sunday mass most weeks of the year, so please join us for a drink and a chat as a parish community. If you would like to join our volunteers to serve refreshments, please see Sal to add your name to the list.

**Foodbank Donations**

Our parish make regular donations to the Gleadless Foodbank. Please consider adding non-perishable grocery items to your shopping to donate in the box at the back of each church. Tinned vegetables, cereal, noodles, tinned meat or fish, snacks, UHT milk or juice, squash, lunch box drinks. All of these gratefully received. Thank you.



**THIS WEEKEND** there will be a second collection after all Masses for Fr Henry to show our gratitude for how wonderfully he took care of us in Fr Bede's absence.



**St Theresa's 200 Club**

**Winners February Draw**

- £100: No. 185
- £40: No. 125
- £20 No. 156



**Our Lady of Lourdes 100 Club**

February Winner No. 55

Congratulations to all winners!

**Weekend Cash Collections 21st/22nd February**

Our Lady of Lourdes..... £370.78

St Anthony's..... £161.70

St Theresa's .....£301.15

Thank you.



**Safeguarding Representatives**

St. Theresa's—Debi Stringer  
OLOL—Tessa Taylor



**School News**

St John Fisher School news:  
[www.st-johnfisher.org](http://www.st-johnfisher.org)

St Theresa's School news:  
[www.st-theresas-sheffield.co.uk](http://www.st-theresas-sheffield.co.uk)

**LENTEEN DAY OF RECOLLECTION**

Everything is connected – how do we care for our common home? At St Vincent's Church, 40 Pickmere Road, Crookes, Sheffield, S10 1GY



Saturday 21 March, 11:00am-3:00pm. Tea/ coffee from 10:30am

**Speakers:**  
Bishop John Arnold, Bishop of Salford, spokesperson for the Bishops Conference on the Environment, and President of Pax Christi.  
Dr. Maria Exall, Honorary Fellow at the Centre for Catholic Social Thought and Practice in the Department of Theology and Religion at Durham University.

The event is free. Please bring your own packed lunch. Tea and coffee provided. Please book your place:

> <https://www.eventbrite.co.uk/o/hallam-formation-and-mission-46212155433>

**Hallam Lourdes Pilgrimage 2026**  
Bookings are now being taken for the Hallam Pilgrimage to Lourdes, 26th June to 2nd July. The cost is £1010, to include flights from Leeds Bradford to Lourdes, 6 nights accommodation, full board and insurance. There will be a full religious programme led by Bishop Ralph. The theme this year is 'Hail, full of grace'. For bookings see [www.tangney-tours.com/hallam](http://www.tangney-tours.com/hallam), or call 01732 886666. Paper booking forms will be available in parishes within the next two weeks. For further information call 01302 247910 or 07724 650066 or email [lourdesoffice@hallam-diocese.com](mailto:lourdesoffice@hallam-diocese.com).



Stations of the Cross During Lent Every Friday during Lent at OLOL at 7pm. Every Sunday during Lent after Sunday Mass at St. Theresa's and St. Anthony's. Please try and come along and make the Stations of the Cross part of your Lenten journey this year.



**Explore the whole Bible Story**

Welcome to a friendly Bible Journey .



The next session is on **Thursday 5th March from 6.30pm to 8.00pm in the Parish Hall Meeting Rooms at Our Lady of Lourdes**

See Poster at the back of church. for more information

Contact- Sam - [hargreaves.sam08@gmail.com](mailto:hargreaves.sam08@gmail.com)  
Laurie - [petch.laurie@gmail.com](mailto:petch.laurie@gmail.com)

**"TOWARDS AN UNARMED AND DISARMING PEACE":**  
**WHAT DOES THIS MEAN FOR WOMEN OF FAITH TODAY?**  
INTERNATIONAL WOMEN'S DAY ROUNDTABLE DISCUSSION  
8<sup>TH</sup> MARCH, 7-8:30PM ONLINE  
PAX CHRISTI

All are warmly welcome to join in this time of wisdom, intuition, prayer, conversation and celebration. There is no charge to attend and anyone interested can register here: <https://tinyurl.com/55b36jif>

The Community of Our Lady of Walsingham seeks help to purchase a property to accommodate their growing community and further their apostolates of prayer, parish missions, hospitality, chaplaincy and youth work. Any amount, large or small is greatly appreciated and the community assure you of their prayers. Cheques payable to COLW can be sent to *House of the Divine Will, Neatherd Moor, Dereham, NR20 4AZ*. More information, as well as the option to donate online, can be found at: [www.maryshouseappeal.org](http://www.maryshouseappeal.org)  
E: [office@walsinghamcommunity.org](mailto:office@walsinghamcommunity.org)



**Service for the World Day of Prayer**

There will be a Service for the World Day of Prayer on 6th March at 2pm at Sacred Heart church, Lockwood Road, Goldthorpe (one of the three churches of the Corpus Christi Dearne Valley parish).

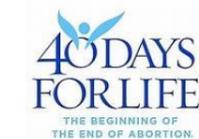
**Planning a Celebration?**

Why not book one of the Parish Halls?  
For bookings at Our Lady of Lourdes please contact Mark on 07852164838 or via email [lol.churchhallbookings@gmail.com](mailto:lol.churchhallbookings@gmail.com)

For bookings at St Theresa's Hall please contact Debi on 075778 97291



**40 Days for Life in Sheffield: From 18th February, the 40 Days for Life invites you to join other Christians in praying and fasting for an end to abortion in our community. Come and join us to peacefully witness for the sanctity of human life. If you'd like to join, please sign up at [www.40daysforlife.com/en/broomhall](http://www.40daysforlife.com/en/broomhall) or call Rachel 07368297872.**



These QR Codes can be used to make an offering using your smartphone. Simply scan the relevant QR code and follow the on screen instructions.

**OLOL/St. Anthony's**



**St. Theresa's**



**Please pray for all the elderly, the sick and the housebound of our three churches including those named below.**

Rita O'Hara, Clare Roberts, Jennie Heenan, Caitlin Rose Goss, Beryl Stafford, Jean Grove, Liliana Poole, Jean White, Shirley Foster, Sean Kilcoyne, Avis Hurst, Gloria Andrews, Chena Drakesmith, Marj Hall, Melvin Hanlon, John Carroll, Joan Hill, Claire Lawson, Patricia Foster, Christopher Browne, Mr. Shannon, Margaret Betson, Paul Manning, Annabel Taylor, John Nicholson, Philomena Walker, Lesley Osborne, Gail Hook, Elizabeth Dodson, Gemma Thomas, David Dowling, Fr. David Stafford, Tessa Taylor.



**Please pray for the repose of the recently deceased souls & those whose anniversaries occur about this time.**

The bulletin for March has been sponsored by Gifty Mensah in celebration of her birthday . Thank you.