

All the earth shall bow down before you,  
O God,  
and shall sing to you,  
shall sing to your name, O Most High!



#### An Act of Spiritual Communion.

My Jesus, I believe that You are present in the Most Blessed Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.

I embrace You as if you were already there,  
and I unite myself wholly to You.

Never permit me to be separated from You.

*(Saint Alphonsus Liguori)*

#### Prayer to St. Michael

St. Michael the Archangel,  
defend us in our daily battle; be our safeguard against  
the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O  
Prince of the heavenly host, by the power of God thrust  
down into hell

Satan and all the other evil spirits who prowl throughout  
the world seeking the ruin of souls. Amen.

*✠ Our Lady of Lourdes ✠ Pray for Us*

*✠ St. Theresa ✠ Pray for Us*

*✠ St. Anthony ✠ Pray for Us*

Confession  
& Absolution

#### Confessions

Available after every weekday and  
Saturday Vigil Mass or by advanced  
booking.

Exposition of the Blessed  
Sacrament  
30 minutes before Weekday Mass

Anointing of the sick  
In cases of emergency only.

If you need help spotting Christ, you can always count on John the Baptist.

"Behold, the Lamb of God!" he cried out when he saw Jesus. But that wasn't enough. He needed to explain. He made a point of telling anyone who would listen, "This is the one I was telling you about! He's here!"

With that, the Gospel this Sunday serves as a bracing wake-up call as we return once more into Ordinary Time. For some of us, the holidays can't end soon enough; for others, it seems, they're ending much too soon.

Reality sets in. After the merriment of Christmas — packages and parties, carols and cooking, broken toys and broken diets — we get down to the hard work of ordinary life. There are lights to unplug, tinsel to toss. We need to get back to work. That includes our challenge to put the message of Christmas into practice — to carry a proclamation of joy and hope into the world and to dwell, for at least a little longer, in a sense of possibility and peace.

We also need to hear once more the Baptist's cry in the wilderness. Keep your eyes open, he tells us. The Lamb of God is here. Pay attention!

Do we realize what he is asking? It sounds so simple.

Recognize the Lord. Look for him. Listen to him. But there's more we need to do.

It's reminiscent of something Pope Francis told the deacons of the Diocese of Rome a few years ago.

"I expect you to be sentinels," he said, "not only to know how to spot the poor and the distant — this is not so difficult — but to help the Christian community to recognize Jesus in the poor and the distant, as he knocks on our doors through them..."

Whatever the need, see the Lord. So, you, too: recognize the Lord when, in so many of his smaller brothers and sisters, he asks to be fed, to be welcomed and loved."

How are we doing with that?

When John pointed out Jesus to those around him, he was not only telling them that the one they had been waiting for had arrived; he also signalled that the great work was now beginning.

Things were about to change. It was time to live, pray and love differently.

In the same way, all of us these days need to refocus our energies after the frenzy of the holidays. Most of us are probably ready to move beyond the fruitcake and the fa-la-la-la.

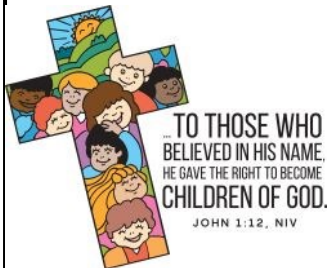
But behold! The Lord is here. How will we make that matter?

For starters, we need to keep the message of the season going, cherishing the reminder we got just a couple weeks ago that God is with us. Our world is different because of that. We need to realize that the Incarnation was not a one-time event; Christ continues to be born, to live among us, as long as we seek him and help make him visible ourselves.

Do we recognize Christ when he approaches us? Do we acknowledge him in the way we live our lives? Do we see him in those around us? Do we live in a way that tells the world we are his followers?

"Behold the Lamb of God!" John said those words with awe and with love — and, undoubtedly, with joy, the same joy that caused him to leap in his mother's womb when the unborn saviour entered his life.

Let it be our prayer to experience that awe and love and joy daily — and to behold the Lamb of God the same way in those around us.



## St Theresa's and Our Lady of Lourdes with St Anthony's

Parish Priest: Fr. Bede Dike | Parish Office Tel: 0114 248 6102



Office Email: [lol.church@btinternet.com](mailto:lol.church@btinternet.com)

Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



### January Devotion: The Holy Name of Jesus

Second Sunday in Ordinary Time, Yr. A

18th January 2026

Psalter Week 2



#### **Saturday, 17th January,**

**6.00pm, Our Lady of Lourdes** – Willibald Hegewald RIP

#### **Sunday, 18th January,**

**8.30am, St Anthony's** – In Thanksgiving (MM)

**9.45am, Our Lady of Lourdes**—Mary & James Foley RIP

**11.00am, St. Theresa's** – The Holy Souls in Purgatory, especially those with no one to pray for them.

#### **Monday, 19th January, 10.00am, Our Lady of Lourdes**

Weekday — The Sick & Housebound of Our Parishes

#### **Tuesday, 20th January, 10.00am, Our Lady of Lourdes**

Weekday — Wendie Evison (Birthday)

#### **Wednesday, 21st January, 10.00am, Our Lady of Lourdes**

St Agnes, Virgin, Martyr – Fr Jim Blount (For Physical & Spiritual Healing)

#### **Thursday, 22nd January, 11.00am, St. Theresa's**

Weekday – Birthday Thanksgiving for Peter Aimua.

#### **Friday, 23rd January, 10.00am, Our Lady of Lourdes**

Weekday—November Memorial List

#### **Next Weekend's Masses (3rd Sunday in Ordinary Time, Yr. A)**

##### **Saturday 24th January**

**6.00pm, Our Lady of Lourdes** - People of the Parishes

##### **Sunday 25th January**

**8.30am, St. Anthony's** -

Sandra Lynette Rawlings RIP

**9.45am, Our Lady of Lourdes** - John Hannon RIP

**11.00am St. Theresa's** -

Alan Millward RIP (94th Birthday)



#### **Sanctuary Lamp Intentions**

**Our Lady of Lourdes:** Irene MacAulay RIP

**Sponsor:** The McAulay & Beatson Families



**St. Anthony's:** The Holy Souls in Purgatory  
**Sponsor:** The Parish

**St. Theresa's:** The Holy Souls in Purgatory  
**Sponsor:** The Parish

#### **Sunday Readings:**

1<sup>st</sup> Isaiah 49:3,5-6.

2<sup>nd</sup> 1 Corinthians 1:1-3.

Gospel John 1:29-34.



**Responsorial Psalm: 40.**

**Behold, I have come, Lord, to do your will.**

**Gospel Acclamation, John 1:14a,12a.**

**Alleluia, alleluia.**

***The Word became flesh and dwelt among us; to all who did receive him, he gave the authority to become children of God. Alleluia.***



### Explore the whole Bible Story

Welcome to a friendly Bible Journey beginning in our parish. If you've ever started reading the Bible only to get stuck? - Or just to deepen your faith then this group might be for you.

Group starts **Thursday 12th of February**, and runs each Thursday for **8 weeks**

See Poster at the back of church for more information

Contact- Sam - [hargreaves.sam08@gmail.com](mailto:hargreaves.sam08@gmail.com)  
Laurie - [petch.laurie@gmail.com](mailto:petch.laurie@gmail.com)



### Marriage Preparation residential weekend course, 13 - 15 March 2026

The CHC's weekend marriage prep course is intended for couples who wish to engage more deeply with the Catholic vision for marriage. Structured around the elements of the marriage rite, couples will reflect deeply on foundational Scriptural texts to gain a deeper understanding of both the natural and Sacramental aspects of Matrimony. The weekend is framed by prayer, time for reflection personally and as a couple, group discussion and a social.

<https://christianheritagecentre.com/>



### Love & Beauty in St John's Spiritual Canticle,

20 - 22 February 2026

2026 marks the centenary of the declaration of St John of the Cross as a Doctor of the Church. In honour of this anniversary, Fr Matthew Blake, OCD will offer a weekend reflecting on the themes of love and beauty in the most celebrated poetry of the great Spanish mystic.

<https://christianheritagecentre.com/events/love-beauty-in-st-johns-spiritual-canticle/>

### Support for St. Wilfrid's Centre

Tinned ham, chocolate biscuits and crisps for light lunches and snacks



Food Donations

### Foodbank We are now supporting the Gleadless Foodbank in their new premises, and they are very

happy to accept all donations. Their current ask is for tinned meat and fish, but any items are gratefully received. Thank you.



### Weekend Cash Collections 10th/11th January

Our Lady of Lourdes..... £289.22

St Anthony's..... £98.00

St Theresa's .....£385.18

Thank you.



### Safeguarding Representatives

St. Theresa's—Debi Stringer

LOLO—Tessa Taylor



### School News

St John Fisher School news:

[www.st-johnfisher.org](http://www.st-johnfisher.org)

St Theresa's School news:

[www.st-theresas-sheffield.co.uk](http://www.st-theresas-sheffield.co.uk)



These QR Codes can be used to make an offering using your smartphone. Simply scan the relevant QR code and follow the on screen instructions.

LOLO/St. Anthony's



St. Theresa's



Please pray for all the elderly, the sick and the housebound of our three churches including those named below.

Rita O'Hara, Clare Roberts, Jennie Heenan, Caitlin Rose Goss, Beryl Stafford, Jean Grove, Liliana Poole, Jean White, Shirley Foster, Sean Kilcoyne, Avis Hurst, Gloria Andrews, Chena Drakesmith, Marj Hall, Melvin Hanlon, John Carroll, Joan Hill, Claire Lawson, Patricia Foster, Christopher Browne, Mr. Shannon, Margaret Betson, Paul Manning, Annabel Taylor, John Nicholson, Philomena Walker, Lesley Osborne, Gail Hook, Elizabeth Dodson, Gemma Thomas, David Dowling, Fr. David Stafford, Ursula & Paul Parker, Tessa Taylor.

Please pray for the repose of the recently deceased souls & those whose anniversaries occur about this time.



### Babies & Toddlers

### Best Start

Mondays 12.30pm to 2.30pm

(Term time only)

Our Lady of Lourdes Parish Hall

£1 per child

Contact:

Marie: 07495965774

Nicola: 07495965312

Bring your under 5's along to play and join the fun!



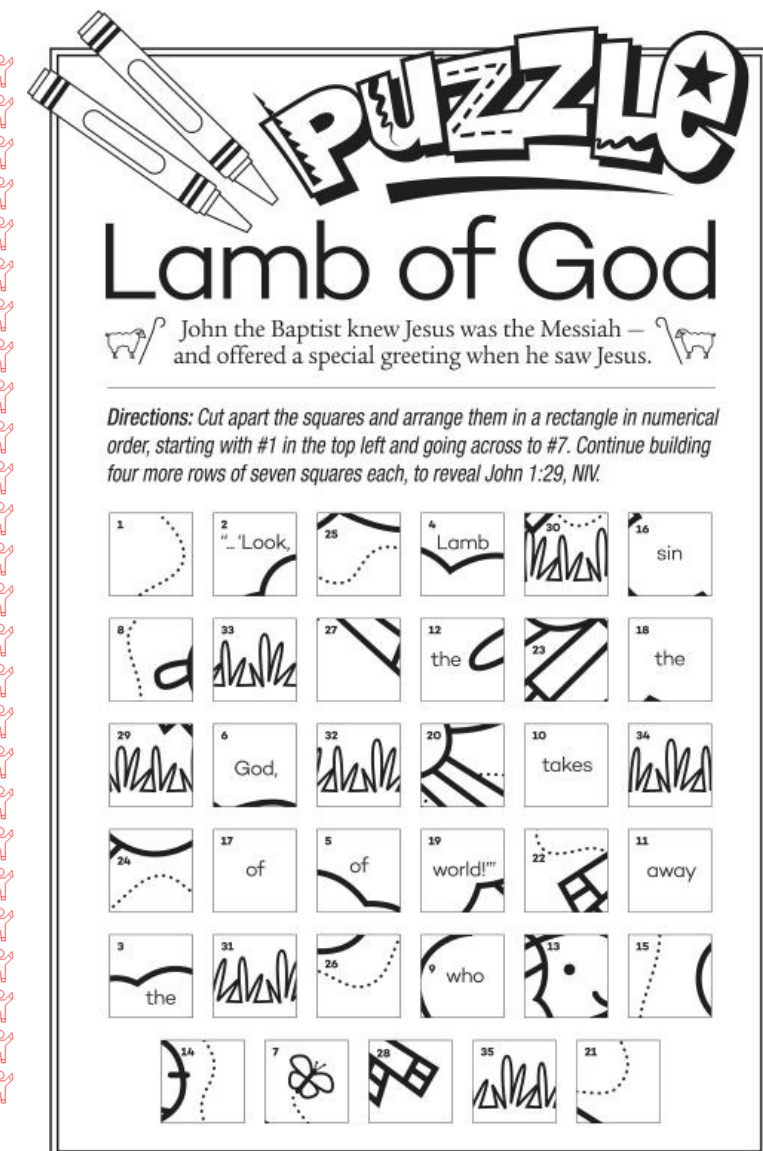
If you know anyone who is sick or housebound and would appreciate a visit from Fr. Henry, please email or call the Parish Office so that this can be arranged. Parish Office contact details are on the front of the bulletin.



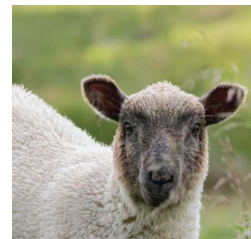
I pray that despite the difficulty surrounding us that we can stand firm in our faith. I pray we can share the love of Jesus with all those around us and that the lies and the schemes of the enemy will not prevail. I lift the people who don't know you, I pray you would bring people into their lives that can bring truth to their hearts and hope for their souls. Thank you for your peace, Lord and thank you that we can come to you and you meet us right where we are.



In your name we pray, Jesus, Amen



Agnus Dei



### Planning a Celebration?

Why not book one of the Parish Halls?

For bookings at Our Lady of Lourdes please contact Mark on 07852164838 or via email

[lol.churchhallbookings@gmail.com](mailto:lol.churchhallbookings@gmail.com)

For bookings at St Theresa's Hall please contact Debi on 075778 97291



The bulletin for January has been sponsored by Caitlyn Mensah-Olojede in celebration of their birthday. Thank you.