

To you, I lift up my soul, O my God.
In You, I have trusted; let me not be put to shame.
Nor let my enemies exult over me;
and let none that hope in you be put to shame.



An Act of Spiritual Communion.

My Jesus, I believe that You are present in the Most Blessed Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot now receive you sacramentally,
come at least spiritually into my heart.

I embrace You as if you were already there,
and I unite myself wholly to You.

Never permit me to be separated from You.

(Saint Alphonsus Liguori)

Prayer to St. Michael

St. Michael the Archangel,
defend us in our daily battle; be our safeguard against
the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O
Prince of the heavenly host, by the power of God thrust
down into hell

Satan and all the other evil spirits who prowl throughout
the world seeking the ruin of souls. Amen.

✠ Our Lady of Lourdes ✠ Pray for Us

✠ St. Theresa ✠ Pray for Us

✠ St. Anthony ✠ Pray for Us

Confession
& Absolution

Confessions

Available after every weekday and
Saturday Vigil Mass or by advanced
booking.

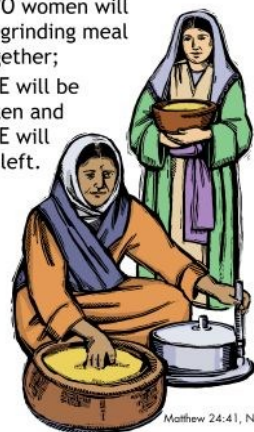
Exposition of the Blessed
Sacrament
30 minutes before Weekday Mass

Anointing of the sick
In cases of emergency only.

STAY AWAKE AND BE YOU PREPARED!!!

We ended the calendar year of the Church last week with the feast of Christ the King of the universe and beginning the year with a reminder that Christ the King of kings is coming. So, it is a new year of the Church's Liturgical Calendar. Permit me to wish you a happy new year. New year, as we all know, goes with hope and expectation. Little wonder the Church begins her year with Advent season. Advent simply means the coming. It is a season Christians are called upon to prepare themselves for the coming of our Lord Jesus Christ for no one knows when and how. Thus, Jesus says in the Gospel reading of today "So stay awake, because you do not know when the master of the house is coming" (Mk. 13:33). Therefore, since no one knows when and how, it is very important for us to get focused and prepared all the time so that His coming doesn't take us unawares. Bear in mind that Jesus comes in three different ways and times. The first coming had already taken place when He came into the world as a Little Baby which we celebrate every 25th of December. The second coming is the 'Parousia' the final coming of Jesus as a King-Judge. In between the 1st and 2nd, He comes to us every day in the Eucharist and also, in the Poor, the Hungry, Thirsty, Strangers, Rough sleepers, Sick and Prisoners. So, the message is, stay awake and do good works instead of whiling away your time doing other unnecessary things just like people were eating and drinking in the time of Noah and the flood took them unawares. Hence, St Paul says that "the kingdom of God does not mean eating or drinking this or that, it means righteousness and peace and joy brought by the Holy Spirit" (Rm 14:17). Be vigilant so that no one or nothing distracts or disrupts your faith. Above all, prepare yourself spiritually every day by cleansing heart of all impurities and practising virtues. Consequent on this, St Paul admonishes us in the second reading of today "Brothers and sisters: You know the time, that the hour has come for you to wake from sleep. For salvation is nearer to us now than when we first believed. The night is far gone; the day is at hand. So, then let us cast off the works of darkness and put on the armour of light. Let us walk properly as in the daytime, not in orgies and drunkenness, not in sexual immorality and sensuality, not in quarrelling and jealousy. But put on the Lord Jesus Christ" (Rm 13:11-14). Be that as it may, stay awake, be vigilant and be prepared always for His coming so that whenever He comes, He will find us ready and we shall be part of those who make eternal life. I wish you a holy Advent season!!!

TWO women will
be grinding meal
together;
ONE will be
taken and
ONE will
be left.



FR BEDE

St Theresa's and Our Lady of Lourdes with St Anthony's

Parish Priest: Fr. Bede Dike | Parish Office Tel: 0114 248 6102



Office Email: lol.church@btinternet.com

Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



December Devotion: The Immaculate Conception of Our Lady

The First Sunday of Advent, Yr.A

30th November 2025

Psalter Week 1



Saturday, 29th November,

6.00pm, Our Lady of Lourdes – Peace in the World.

Sunday, 30th November,

8.30am, St Anthony's – Special Intention.

9.45am, Our Lady of Lourdes – Louise Everitt—
Healing

11.00am, St. Theresa's – Amaka Ezuruike—
Birthday Thanksgiving.

Monday, 1st December, 10.00am, Our Lady of Lourdes

Advent Weekday — Aborted Babies

Tuesday, 2nd December, 10.00am, Our Lady of Lourdes

Advent Weekday — The Sick & Housebound of Our Parishes

Wednesday, 3rd December, 10.00am, Our Lady of Lourdes

St Francis Xavier, Priest—Fr Bede prays for your good hearts desires

Thursday, 4th December, 11.00am, St. Theresa's

With St. Theresa's School

Advent Weekday - Molly Dempsey RIP

Friday, 5th December, 10.00am, Our Lady of Lourdes

Advent Weekday — November Memorial List

Saturday, 6th December (First Saturday),

10.00am, Our Lady of Lourdes (Preceded by
Exposition, Rosary, and Confession at 9.30am)
St Nicholas, Bishop - Our Lady's Intentions

Next Weekend's Masses (2nd Sunday of Advent, Yr. A)

Saturday 6th December

6.00pm, Our Lady of Lourdes -
Persecuted Christians

Sunday 7th December

8.30am, St. Anthony's -
November Memorial List

9.45am, Our Lady of Lourdes -
People of the Parishes

11.00am St. Theresa's -
Victoria Ezuruike RIP



Sanctuary Lamp Intentions

Our Lady of Lourdes: Margaret Kerr RIP
Sponsor: The McAulay & Beatson Families

St. Anthony's: The Holy Souls in Purgatory
Sponsor: The Parish

St. Theresa's: The Holy Souls in Purgatory.
Sponsor: The Parish



Sunday Readings:

1st Isaiah 2:1-5.
2nd Romans 13:11-14a.
Gospel Matthew 24:37-44.

Responsorial Psalm: 122.

Let us go rejoicing to the house of the LORD.

Gospel Acclamation, Psalm 85:8.

Alleluia, alleluia.

*Show us, O LORD, your mercy, and
grant us your salvation.
Alleluia.*

"Therefore you also must
BE READY,
for the
SON OF MAN
is coming
at an hour
you do not
expect."
Matthew 24:44, NRSV

The Christmas Story In Song A St Wilfrid's Centre Carol Service



Wednesday
17th December 2025
6.30pm - 7.30pm
Mother of God Church
Abbeydale Road
Sheffield
S7 13L



CHRISTMAS MASS TIMES

CHRISTMAS EVE
WEDNESDAY 24th DECEMBER

5.00pm St Theresa's
7.00pm Our Lady of Lourdes
10.00pm Our Lady of Lourdes

CHRISTMAS DAY
THURSDAY 25th DECEMBER

8.30am St. Anthony's
9.45am Our Lady of Lourdes
11.00am St. Theresa's



**Mass Schedule
FOR CHRISTMAS**

Weekend Cash Collections 22nd/23rd November

Our Lady of Lourdes..... £377.81
St Anthony's..... £184.55
St Theresa's£310.83
Thank you.



Safeguarding Representatives
St. Theresa's—Debi Stringer
OLOL—Tessa Taylor

School News

St John Fisher School news:
www.st-johnfisher.org

St Theresa's School news:
www.st-theresas-sheffield.co.uk



Food Donations

Support for St. Wilfrid's Centre

Tinned ham, chocolate biscuits and crisps
for light lunches and snacks



Food Donations

Foodbank

As we approach the Christmas season, it's right that we support those less fortunate than ourselves. Please consider bringing something that could be used as part of a Christmas dinner to donate to the foodbank, alongside all our usual staple items. Thank you.



Advent Wreath making event at Our Lady of Lourdes church hall

Tuesday 2nd December 6.00 - 9.00pm. Enjoy a fun relaxed evening making your own Advent Wreath. Enjoy a glass of mulled wine and mince pie with a friend and learn a new skill. All materials provided for an outdoor wreath. Cost **£15 per person, only a few places left so make sure you sign up.** Sheet at back of church with further information.



Planning a Celebration?

Why not book one of the Parish Halls?
For bookings at Our Lady of Lourdes please contact Mark on 07852164838 or via email
lolol.churchhallbookings@gmail.com

For bookings at St Theresa's Hall please contact Debi on
075778 97291



ST THERESA'S Presents Christmas Fayre.

DATE: December 6, 2025 TIME: 12:00 noon - 3:00pm VENUE: St Theresa's Parish Hall

Postcode: S21EA

Featuring:
Bottle Tombolas, Raffle, Craft Gifts, Mince Pies, Chocolate Tombola, Bric-a-brac, Books, Toys, Cakes, Hot Food, Refreshments, Spin the Wheel, Hook a Bauble, Splat the Rat, Photo booth And Lots More

Admission Fee £2 for adults Free for Children



Please support the Christmas Fayre at St. Theresa of the Lord Jesus, Sheffield, by donating:

Bottles of wine
Boxes of chocolates
Bric-à-brac
Books (for readers of all ages)
Handmade gifts
Multi-pack bars of chocolates
Raffle Prizes
Shop vouchers
Soft drinks
Spirits
Sweets
Toys

Send your donation to any member of the Social & Fundraising Committee

SATURDAY 06 12:00 NOON

DECEMBER 2025
PARISH HALL

St. Wilfrid's currently have their Reverse Advent Calendar on their website and a PDF to download. Each day from December 1st to the 25th is marked with easy-to-get items or small donations of money for you to add to a box or a bag. Once completed please drop off your collection after the 5th January at the back of OLOL. Each item donated will help towards their work supporting vulnerable adults in our community.



LOLO & St Anthony's

WhatsApp Group

The group is now up and running. If you would like to be added to the group, please email the Parish Office.



WHAT IS ADVENT?

The season of Advent is a time of expectation, when we prepare our home and our hearts to celebrate the birth of Jesus on Christmas Day. The word Advent is derived from the Latin word *adventus*, which means "coming". Advent is a season of hope, a time to nurture peace and experience joy in anticipation for the love that is made incarnate with the birth of Jesus. Keep this purpose ever in mind as you make your plans to prepare for Christmas. Everything will make sense or become senseless in relation to this purpose. If baking cookies helps you achieve this purpose, bake away. Sitting quietly on a park bench, taking long walks in quiet places, visiting your church each day, reading, singing, serving others...whatever it is that helps you achieve the purpose of Advent, give yourself to those activities. Wake up each day with this purpose in your heart and on your mind. Purpose has a way of transforming the way we live our lives. Allow the purpose of Advent to transform you.



AN ADVENT PRAYER FOR THE FAMILY

Heavenly Father, your son, Jesus, is your greatest gift to us, a great sign of your love. Guide us as we strive to walk in that love together as a family this Advent. As we prepare our hearts for Christmas, bring us closer to each other and to your son. Give us the grace and strength we need every day. Help us to always trust in you. Come, Lord Jesus, lead all people closer to you. Come and dispel the darkness of our world with the light of your love. Amen.

All Saints Catholic High School have a vacancy for PA to the Headteacher & Office Manager 37 hours per week for 40 weeks per year. Permanent Grade 6 – Scale Points 21 – 26 (£33,143 - £37,280) Actual Salary £29,290- £32,889 with no previous service. To begin 1 January 2026 or as soon as possible after this date. Please visit school website for an application form www.allsaints.sheffield.sch.uk/vacancies



For further information please contact Rachel Hobkirk, Deputy Headteacher by email at: r.hobkirk@allsaints.sheffield.sch.uk or by calling the school on 0114 2724851.

The bulletin for December has been sponsored by Casey Barker. Thank you.



These QR Codes can be used to make an offering using your smartphone. Simply scan the relevant QR code and follow the on screen instructions.

LOLO/St. Anthony's



St. Theresa's



Please pray for all the elderly, the sick and the housebound of our three churches including those named below.
Rita O'Hara, Clare Roberts, Jennie Heenan, Caitlin Rose Goss, Beryl Stafford, Jean Grove, Liliana Poole, Jean White, Shirley Foster, Sean Kilcoyne, Avis Hurst, Gloria Andrews, Chena Drakesmith, Marj Hall, Melvin Hanlon, John Carroll, Joan Hill, Claire Lawson, Patricia Foster, Christopher Browne, Mr. Shannon, Margaret Betson, Paul Manning, Annabel Taylor, John Nicholson, Philomena Walker, Lesley Osborne, Gail Hook, Elizabeth Dodson, Gemma Thomas, David Dowling, Fr. David Stafford, Ursula & Paul Parker, Tessa Taylor.

Please pray for the repose of the recently deceased souls & those whose anniversaries occur about this time.

