

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.



An Act of Spiritual Communion.

My Jesus, I believe that You are present in the Most Blessed Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot now receive you sacramentally,
come at least spiritually into my heart.

I embrace You as if you were already there,
and I unite myself wholly to You.

Never permit me to be separated from You.

(Saint Alphonsus Liguori)

Prayer to St. Michael

St. Michael the Archangel,
defend us in our daily battle; be our safeguard against
the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O
Prince of the heavenly host, by the power of God thrust
down into hell

Satan and all the other evil spirits who prowl throughout
the world seeking the ruin of souls. Amen.

✠ Our Lady of Lourdes ✠ Pray for Us

✠ St. Theresa ✠ Pray for Us

✠ St. Anthony ✠ Pray for Us

Confession
& Absolution

Confessions
Available after every weekday and
Saturday Vigil Mass or by advanced
booking.

Exposition of the Blessed
Sacrament
30 minutes before Weekday Mass

Anointing of the sick
In cases of emergency only.

THE DANGER OF SELF-RIGHTEOUSNESS!!!

Self-righteousness is an attitude or behaviour where someone believes that s/he is morally superior to others, often accompanied by a sense of justification and condemnation of those who don't share their views. Hence, such a person believes that s/he is perfect and does not make mistakes. S/He feels too full of himself/herself in such a way that it is extremely difficult to see his or her mistakes and as such has no need to say sorry for any reason. A self-righteous person judges, criticizes and condemns others without any atom of sympathy and compassion. A self-righteous person displays an air of moral superiority, seeing himself/ herself as the only intelligent and holy person on earth. Self-righteous person is full of arrogance and pride. Pride, they, say, goes before a fall. Little wonder, Jesus says in the Gospel of today that "everyone who exalts himself will be humbled, but the one who humbles himself will be exalted" (LK 18:14). Self-righteousness is a danger that needs to be completely eliminated, else, it will destroy the life of someone with such attitude. Self-righteousness is dangerous because it can foster an environment of hatred, conflict and division. It can also distort moral judgment by prioritizing being "right" over doing what is actually right or good. More so, it can prevent someone from receiving the mercy and forgiveness of God. We can see these characteristics displayed by the pharisee in the parable by Jesus in the Gospel of today. Take note of his posture during prayers. He was standing by himself before God. In other words, making himself equal to God. It is a sign of pride. Listen to his prayers. He says "God, I thank you that I am not like other men" (LK 18:11). It means that he is God himself since he is not like the rest of men. What an arrogance! He even pointed at the tax collector as a sinner. He judged, criticised and condemned the other person. Interestingly, the other man he was condemning was standing with his head bent, beating his breast and saying "God, be merciful to me, a sinner" (LK 18:13). He humbled himself by acknowledging his nothingness before God. At the end of the parable, Jesus says that "I tell you, this man (tax collector) went down to his house justified, rather than the other (pharisee)" (LK 18:14). In conclusion, Jesus passes this message across to each of us today that "everyone who exalts himself will be humbled, but the one who humbles himself will be exalted" (LK 18:14). We are called upon to shun life of self-righteousness and pride and embrace humility. Listen to what the author of the book of Sirach says in the first reading about humility. He says "The prayer of the humble pierces the clouds, and he will not be consoled until it reaches the Lord" (Sirach 35:17). Therefore, be humble and you shall certainly be exalted. I wish you a blessed Sunday!!

FR BEDE



St Theresa's and Our Lady of Lourdes with St Anthony's

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Office Email: lol.church@btinternet.com

Website: <https://ourladyoflourdes-sttheresa.hallam-diocese.com/>



October Devotion: The Holy Rosary

30th Sunday in OT, Year C

26th October 2025

Psalter Week 2



Saturday, 25th October,

6.00pm, Our Lady of Lourdes – Consolata
Mudzamiri Zvirikuzhe R.I.P

Sunday, 26th October,

8.30am, St Anthony's – Special Intention

9.45am, Our Lady of Lourdes – God's Blessings
on Gabriel & Pedro Borges at they celebrate their birthday.

11.00am, St. Theresa's – Justin & Krzysztof
Milkowski R.I.P

Monday, 27h October, 10.00am, Our Lady of Lourdes

Weekday— Conversion of Sinner

Tuesday, 28th October, 10.00am, Our Lady of Lourdes

Ss Simon & Jude, Apostles — November Memorial List

Wednesday, 29th October, 10.00am, Our Lady of Lourdes

Weekday—Fr Bede prays for your good hearts desires.

Thursday, 30th October, 11.00am, St. Theresa's

Weekday - Aborted Babies.

Friday, 31st October, 10.00am, Our Lady of Lourdes

Weekday— Thanksgiving for Consolata's Children & Grandchildren

Saturday, 1st November (First Saturday),
10.00am, Our Lady of Lourdes (Preceded by Exposition, Rosary, and Confession at 9.30am)
Weekday - Our Lady's Intentions

Next Weekend's Masses (All Saints, Yr. C)

Saturday 1st November

6.00pm, Our Lady of Lourdes -
SVP beneficiaries

Sunday 2nd November

8.30am, St. Anthony's -

John Stainrod RIP

9.45am, Our Lady of Lourdes -

Robert O'Rourke RIP

11.00am St. Theresa's -

Peaceful Repose of the Souls of Cyril
& Nneka Ezuruike RIP



Sanctuary Lamp Intentions

Our Lady of Lourdes: The Holy Souls in Purgatory

Sponsor: The Parish

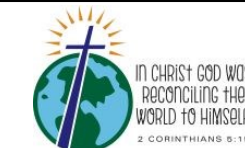
St. Anthony's: The Holy Souls in Purgatory

Sponsor: The Parish

St. Theresa's: The Holy Souls in Purgatory.
Sponsor: The Parish



Sunday Readings:
1st Sirach 35:15b-17,20-22b.
2nd 2 Timothy 4:6-8,16-18.
Gospel Luke 18:9-14.



Responsorial Psalm: 34.

The lowly one called, and the LORD heard him.

Gospel Acclamation, 2 Corinthians 5:19.

Alleluia, alleluia.

God was in Christ reconciling the world to himself, and entrusting to us the message of reconciliation.
Alleluia.

November Memorial List 2025–2026

Masses are offered throughout the whole year for all those mentioned in the November Memorial List. These names are displayed in all 3 churches starting in November 2025.



Slips are available at the back of the church for you to complete. Please return these with your donation of £20 or more for each completed slip by **Sunday 26th October 2025**.

Many Thanks.

Refreshments at Our Lady of Lourdes

Refreshments are available every week after Sunday Mass at Our Lady of Lourdes in the Parish Hall. Come along and enjoy a drink and a chat. Due to hall bookings refreshments will NOT be available on **26th October**.



Thank you for supporting CAFOD's Family Fast Day!

Thank you so much for your generous contributions to CAFOD's Family Fast Day Appeal. Your donations in our parish collection and online are helping families like Waré's in Ethiopia. CAFOD's local partners worked with Waré's community to build an underground water tank that now provides safe water for 300 families. Your support this Harvest will help more communities have better access to safe water. You can read more about Waré's story here: cafod.org.uk/harvest

Weekend Cash Collections 18th/19th October

Our Lady of Lourdes..... £430.48
St Anthony's..... £200.00
St Theresa's£303.37
Thank you.



From Monday 27 October, Weekday Masses at OLOL will be held in the Parish Hall Meeting Room.

School News

St John Fisher School news:
www.st-johnfisher.org
St Theresa's School news:
www.st-theresas-sheffield.co.uk

Stop assisted suicide - further action needed!

Sending a physical letter carries particular weight with Members of the House of Lords. *Right To Life UK* has created a simple tool that generates personalised letters to Peers, each focused on a specific area of concern. You can then print them, or copy them out by hand, sign, and post them.

Please take action now and visit

www.righttolife.org.uk/aspeersletter to send a letter to Peers asking them to oppose assisted suicide.

Confirmation Preparation in the Parish

Registration forms for Confirmation at Our Lady of Lourdes/St. Anthony's and St Theresa's are now available to collect from each church.

Confirmation forms to be returned by

26th October 2025. A registration fee of £10 per participant is required and will be collected at the Parents' Meeting.



Foodbank update

Jock has started up the Gleadless Foodbank again in a different location, and we will be reverting to support vulnerable people in our nearest community. Handsworth have been very grateful for our support, and Gleadless are really pleased that we are back to help. Currently the ask is for standard staple items, so anything from the list – UHT milk, tinned meat and fish, cereals, juice etc.



Support for St. Wilfrid's Centre

Tinned ham, chocolate biscuits and crisps for light lunches and snacks



The next jumble sale at St. Anthonys will be on 1st November at 11am. As well as the usual bargains there be the opportunity to purchase some special Christmas items.



Thank you for celebrating World Mission Sunday

Thank you for your donations to the World Mission Sunday Appeal. Your prayers and support will help missionaries to work alongside communities worldwide, regardless of background or belief. Please continue to pray for all who share the love and hope of Christ with our sisters and brothers in need throughout the world. To support mission year round, visit missio.org.uk or call 020 7821 9755 (office hours).

Parishioners of Our Lady of Lourdes, St. Theresa and St. Anthony:

Praise be to Jesus both now and forever. AMEN!

Shakespeare has it that "how dangerous than a serpent's tooth it is to have a thankless child". With heart full of gratitude, I write to say thank you for your prayers, kind wishes and financial support I received through your parish priest Fr. Bede. Throughout my stay in your parish and more so now as I go for my mum's funeral, well, the angels have taken note. Am very grateful and pray, may God reward and bless you all. Keep praying for me as I do same for you in return till the day we see God as He really is in heaven.

Yours in Christ

Fr. Emmanuel Ukonu



Pre-loved Fashion Sale

15th November
11am – 1pm

Women's, Men's and Children's clothes for sale

Refreshments

Entrance 50p
(including a free tea or coffee)

Springwater Community Centre, Hackenthorpe
at Our Lady of Lourdes Church
next to St. John Fisher School

Registered Charity No. 512021

Be Still and Know that I am God, 14 - 17 November 2025

A three-day retreat led by Fr Roger Dawson, SJ, aiming to help participants find a greater attentiveness and disposition to God's presence in their lives through a disciplining of the mind and awareness of the present moment.

<https://christianheritagecentre.com/events/be-still-and-know-that-i-am-god>



The bulletin for October has been sponsored by Olaleken. Thank you.

Planning a Celebration?

Why not book one of the Parish Halls?

For bookings at Our Lady of Lourdes please

contact Mark on 07852164838 or via email

lol.churchhallbookings@gmail.com

For bookings at St Theresa's Hall please contact Debi on 075778 97291



Harvest Food Collection at all Three Churches

We are having a harvest collection next weekend at all three Churches. Please bring in fresh fruit and vegetables and leave them in front of the altar. They will be donated to a local charity kitchen who makes fresh meals for the vulnerable members of society.



The Hallam Bridge – The Monthly Diocesan Newsletter

Did you know that nearly three years ago the Hallam Bridge was launched? A copy is emailed to every parish in the diocese each month. Why don't you subscribe to receive it directly into your inbox and share it with your family and

friends? Do so using this link or QR code <https://hallam-diocese.com/bridge/>

Would you be willing to keep us up to date with what's going on in your parish by emailing articles to communications@hallam-diocese.com



Advent Afternoon of Recollection

Join Bishop Ralph for an Afternoon of Recollection on the eve of Advent, 29 November

2:30-5:30 pm at the Hallam Pastoral Centre. Book on the Formation & Mission Eventbrite Page using this link or QR code <https://www.eventbrite.co.uk/o/hallam-formation-and-mission-46212155433>

Further details from the Formation and Mission team 0114 256 6410.



Ignatian Spiritual Exercises: Mens' retreat, 4 & 11 February 2026

A fantastic opportunity to experience St Ignatius' Spiritual Exercises in a 5-day, shortened form. The retreat will be guided by the monastic community of St Joseph's Abbey, Flavigny (France), who were founded with the specific charism of offering this version of the Exercises and with a particular apostolate to men. The retreat is open to men in all states of life, who wish to seek God's will through a deepened detachment from the world.

<https://christianheritagecentre.com/events/mens-retreat-spiritual-exercises-of-st-ignatius>

Please pray for all the elderly, the sick and the housebound of our three churches including those named below.

Rita O'Hara, Clare Roberts, Jennie Heenan, Caitlin Rose Goss, Beryl Stafford, Jean Grove, Liliana Poole, Jean White, Shirley Foster, Sean Kilcoyne, Avis Hurst, Gloria Andrews, Chena Drakesmith, Marj Hall, Melvin Hanlon, John Carroll, Joan Hill, Claire Lawson, Patricia Foster, Christopher Browne, Mr. Shannon, Margaret Betson, Paul Manning, Annabel Taylor, John Nicholson, Philomena Walker, Lesley Osborne, Gail Hook, Elizabeth Dodson, Gemma Thomas, David Dowling, Fr. David Stafford, Ursula & Paul Parker, Tessa Taylor.

Please pray for the repose of the recently deceased souls & those whose anniversaries occur about this time.



These QR Codes can be used to make an offering using your smartphone. Simply scan the relevant QR code and follow the on screen instructions.

OLOL/St. Anthony's



St. Theresa's

